



Expert Senior Care

Are you a Veteran or a Surviving Spouse of a Veteran?

VA Aid and Attendance benefits provide monthly payments added to the amount of a monthly VA pension for qualified Veterans and survivors. If you are a Wartime veteran or their surviving spouse, 65 years or older, you may qualify for this tax-free benefit provided by the Department of Veterans Affairs. It provides a benefit to wartime Veterans and surviving spouses who require regular attendance of another person to assist in at least 2 daily activities of living such as eating, bathing, or dressing at home. If you need help with daily activities, find out if you qualify.

VA Aid and Attendance eligibility

You may be eligible for this benefit if you get a VA pension and you meet at least one of the requirements listed below.

At least one of these must be true:

- You need another person to help you perform daily activities, like bathing, feeding, and dressing, **or**
- You have to stay in bed—or spend a large portion of the day in bed—because of illness, **or**
- You are a patient in a nursing home due to the loss of mental or physical abilities related to a disability, **or**
- Your eyesight is limited (even with glasses or contact lenses you have only 5/200 or less in both eyes; or concentric contraction of the visual field to 5 degrees or less) **and**
- You are at least 65 years old

How do I get this benefit?

You can apply for the VA Aid and Attendance benefit in one of these ways:

1. **Send a completed VA form to your pension management center (PMC)**

Fill out VA Form 21-2680 (Examination for Housebound Status or Permanent Need for Regular Aid and Attendance) and mail it to the **PMC** for your state. You can have your doctor fill out the examination information section.

The **PMC** for California:

Department of Veterans Affairs
Pension Intake Center
PO Box 5365
Janesville, WI 53547-5365

You can also include with your VA form:

- Other evidence, like a doctor's report, that shows you need Aid and Attendance care
- Details about what you normally do during the day and how you get to places
- Details that help show what kind of illness, injury, or mental or physical disability affects your ability to do things, like take a bath, on your own

If you're in a nursing home, you'll also need to fill out a Request for Nursing Home Information in Connection with Claim for Aid and Attendance (VA Form 21-0779).

2. Apply in person

You can bring your information to the CA VA Regional office listed below:

Benefits office at Fleet and Family Support Center Port Hueneme

1000 23rd Avenue
Building 1169
Port Hueneme, CA 93043
805-982-2052

How long does it take VA to make a decision?

It depends. Claims are processed in the order received, unless a claim requires priority processing. Typically, it can take several months.

For more information:

<https://www.va.gov/pension/aid-attendance-housebound/>
805-982-2052

What is the quickest way to apply?

Use the Fully Developed Claim (FDC) form (**VA Form 21P-534EZ**)

*2402 E Carrillo St, Ste C, Santa Barbara, CA 93101 * 805-966-3312 * www.SeniorPlanningServices.com*

When to use this form

Use **VA Form 21P-534EZ** if you want to submit evidence along with your claim, using the Fully Developed Claim (FDC) program to get a decision on your claim faster. You can use this form if you're:

- A surviving spouse or child of a Veteran who has died
- Applying for VA benefits and/or the money that we owe the Veteran but didn't pay prior to their death (accrued benefits)
- Using the Fully Developed Claim (FDC) program to get a decision on your claim faster by submitting evidence along with your claim

Link to additional details on how to qualify and process your claim via the FDC program:

<https://www.va.gov/pension/how-to-apply/fully-developed-claim/>
805-982-2052

Please contact **Senior Planning Services** when you are ready to schedule homecare services at **805-966-3312**.

Thank you veterans for your service to our country!